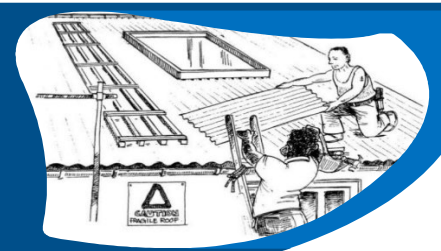


Toolbox Talk

Working at Height



What?

- Working at height does not necessarily mean working above ground level
- The new Regulations define working at heights as applicable when work activities produce a possibility of a fall liable to cause injury
- A place is 'at height' if a person could be injured falling from it, even if it is at or below ground level
- It is extremely important to select the right working platform when working at height depending on the task being carried out

Why?

- Falls from height have been the most common cause of fatal accidents in Great Britain since 2017, and one of the main causes of major injury
- In 2021 / 22, falls from height accounted for 29 fatal accidents at work and around 4000 major injuries
- In many accidents involving falls from height ladders were being used when the task required a tower scaffold or MEWP or the ladder had not been secured properly to prevent slipping

Do



- ✓ Avoid working from height if the work can be done some other way
- ✓ Ensure any work at height is properly planned
- ✓ Make sure you select the right equipment for the task
- ✓ Check the equipment for damage or defects before use
- ✓ Make sure you are trained and competent to use the equipment
- ✓ Check that you have setup equipment correctly before use
- ✓ Ensure a harness, if being used, is connected when required
- ✓ Report any damage to equipment used for working at height
- ✓ Safety decent to ground level from working at height using equipment

Don't



- ✗ Work near leading edges
- ✗ Work in adverse weather conditions
- ✗ Work at height without the proper equipment
- ✗ Climb the structure always use a ladder
- ✗ Use defective equipment
- ✗ Forget to secure ladders properly
- ✗ Work with your harness unconnected
- ✗ Work without the correct Permit
- ✗ Jump from any height to ground level

